

## Reopening Procedures Boston Rhythmic (as of 6/8/20)

<b>Prior to return</b>	All parents need to sign the new COVID waiver online, purchase flipflops, rhythmic equipment, and water bottle. Pick up your new shoe string bag on your first gym visit.
<b>Line up</b>	Line up outside the facility, floor markers space students and families prior to entering the building. Please wear your uniform. Flip-flops on top of rhythmic shoes. Only students enter the gym, no parents.
<b>Bring to each class</b>	Please arrive dressed for class (black leotard, leggings, rhythmic shoes, hair in a bun). Please wear flip flops on top of rhythmic shoes. Please bring to each class: your individual rhythmic equipment, personal labeled water bottle, shoe bag, and yoga mat. Please NO extra items, bags, jackets, etc in the gym.
<b>Personal string bag</b>	All gymnasts registering for fall classes will receive a string bag labeled with gymnasts name to use for storing shoes while in the gym.
<b>Check in</b>	Staff member ushers students inside one at a time. Temperature check and interview at check in for all persons entering the gym. Flip-flops go in the shoe bag, hand and feet sanitizing and the student goes to her floor marker.
<b>Hand sanitizing</b>	Each student will be prompted to use hand sanitizer prior to class, during class between apparatus, and at the end of class. Touchless soap dispensers have been installed in all bathrooms.
<b>Masks</b>	We believe wearing a mask while practicing rhythmic gymnastics is hazardous, so we will not require gymnasts to wear a mask for class. However, if you prefer your child to wear one, she can. Please speak to your coach prior to class. Masks or face shields will be required for all adults entering the building.
<b>Staff work habits</b>	Staff will be required to wash hands before and after every class. Mask or shield for all staff. Minimize spotting during the lesson. All staff members are to agree to adhere to a 24-hour wellness standard. Should they feel fatigued, or obtain a fever, they are required to call out from the shift. Managers are to be notified immediately. All front desks have new acrylic windshield to separate staff from clients.
<b>Equipment cleaning</b>	Most large equipment is off limits at this time (stretchers, ballet bars, stall bars. etc) Coaches are required to sanitize all contact surfaces before and after each class. Cleaning stations will be mounted throughout the gym to ensure ample supplies are available.
<b>Facility cleaning</b>	Facility cleaning procedures have been updated, including but not limited to: door handles, faucets, shoe cubbies sanitized, carpets vacuumed, bathrooms sanitized, and equipment sanitized.

<b>Rhythmic equipment</b>	All gymnasts are required to have their own yoga mat, rope, ball and ribbon. Hoops and clubs can be provided by the gym and sanitized after each use. Team coaches might require additional personal equipment (weights, yoga blocks, bands, etc)
<b>Yoga mats</b>	All gymnasts are required to bring to each class their own yoga mat for stretching and conditioning, and take it home after each class and sanitize between classes.
<b>Scheduling</b>	We will schedule classes to accommodate the student to facility ratio required by regulations. Classes shall be time-spaced appropriately to ensure students can enter and leave the facility without overlap whenever possible.
<b>Facility ratio</b>	Managers are to uphold the student to square-footage ratio at all times. No more than 9 kids + 1 coach per class. Kids will stay with the same group and coach the entire class.
<b>Group spacing</b>	While attending class, athletes are required to stay at a minimum 6-foot distance from one another at all times. Tape markers will be provided for established distancing.
<b>Water and food</b>	Each student needs to bring a personal water bottle, labeled with her name. Bottles left behind after class will be disposed and will not be stored. All water fountains are off limits at this time. Food is not allowed in the gym at this time.
<b>Lost and found</b>	Lost and found clothing items will not be stored at the gym and will be donated to a local homeless shelter.
<b>Traffic in, out and around the gym</b>	Whenever possible, different exit and entry routes will be followed through the gym's side doors. Separate drop off and pick up procedures will be communicated to parents at each gym. Parents should wait in their cars during class. While inside, gymnasts please respect all signage and the one way route around the gym. After class, the coach will line up students at the exit, using the floor markers for space distancing. Hand sanitizers will be distributed upon their departure and will exit the building one at a time.
<b>Video streaming</b>	Parents will be able to use the Video Streaming service called Spot TV to watch their children while they are in class (starts September 2020). No parents are allowed in the gym at any time. Some exceptions for 3-4 yo classes and private lessons, per USAG safety rules. Please inquire with the office if you'd like an exception granted.

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